DISHES						upin Flour	Milk		MUSTARD			USAM OL.		Boer WNE
	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Foxy White Sourdough		x												
Foxy Brown Sourdough		x												
Morkbrod- Dark Sourdough with Fennel & Anise Seed		x												
Florence Bread		×												
Le Gourmet Sea Salt & Thyme		x												
Seeded Sourdough		х												
Sesame Baguette		x								х		х		
Stoneground Currant Bread		x												
Fjord		x								x		х		
Brunswick Brown		x												

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DISHES						Lupin Flour	Milk		MUSTARD			SSAM		See WINE
	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cranberry & Walnut Loaf		x								x				
Non-Gluten Dark Loaf										x		х		
Non-Gluten Seeded Loaf														
Brioche Bun		x		х								х		
Vegan Brioche Bun		х										х	х	
Cinnamon Swirl		x		х			х							
Nutella Brioche Bun		х		х			х			х			х	
Raisin & Almond Swirl		х		х			х			х				
Pistachio & Lemon Curd Swirl		х		х			х			x				
Vegan Chocolate Swirl		х											х	

DISHES						Lupin Flour	Milk		MUSTARD			USAM O.		Beer WNE
	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegan Biscoff Brioche Bun		х												
Tea Buns		x		x			x							
Vegan Plain Croissant		х								*may contain traces	*may contain traces		*may contain traces	
Vegan Chocolate Croissant		х								*may contain traces	*may contain traces		*may contain traces	
Pain au Chocolat		x		x			x						х	
Non-Gluten Chocolate Brownie				х			х							
Vegan Raspberry Crumble										x		х		
Chocolate Banana Bread													х	

DISHES						Lupin Flour	Milk		MUSTARD			SSAM		Boor WINE
	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Rude Health Coconut Drink														
Oatly Barista		X (oats)												
Bonsoy													Х	
Rude Health Almond Drink										X (almonds)				
Glowing Smoothie										х				
Buzzing Smoothie										х				
Active Smoothie										х				
Hungover Smoothie														
Overnight Oat Pots										x	х			

DISHES					D°	.upin Flour	Milk		MUSTARD			issau O.		Boor
	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Hemp Protein Energy Ball		*may contain traces								х	*may contain traces			
Raw Snyckers Bar		*may contain traces								х	х			
Turmeric Hummus												х		
Plain Hummus												х		
Beetroot Hummus												х		
Vegan Non-Gluten Pancakes													х	
Immunity Shot- Ginger, Orange, Turmeric, Lemon														
Buckwheat Banana Muffin		*may contain traces									х	*may contain traces	х	
Vegan Pretzel Square		x									*may contain traces	*may contain traces	х	

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DISHES























														Beer
	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegan 'Sausage' Roll	х	х												
Pork and Fennel Sausage Roll	х	х		х			х							
Focaccia Bap		x												
Cheddar Cheese Twist		х					х							
Vegan Olive Twist		x												
Chocolate Cannoli		x					x			x			х	
Vegan & Non-Gluten Peanut Butter Brownie											x	*may contain traces	х	
Non-Gluten Blueberry Friand				х			x			x	*may contain traces	*may contain traces		
Vegan & Non-Gluten Coconut Tahini Cookie		*may contain traces								*may contain traces	*may contain traces	x		

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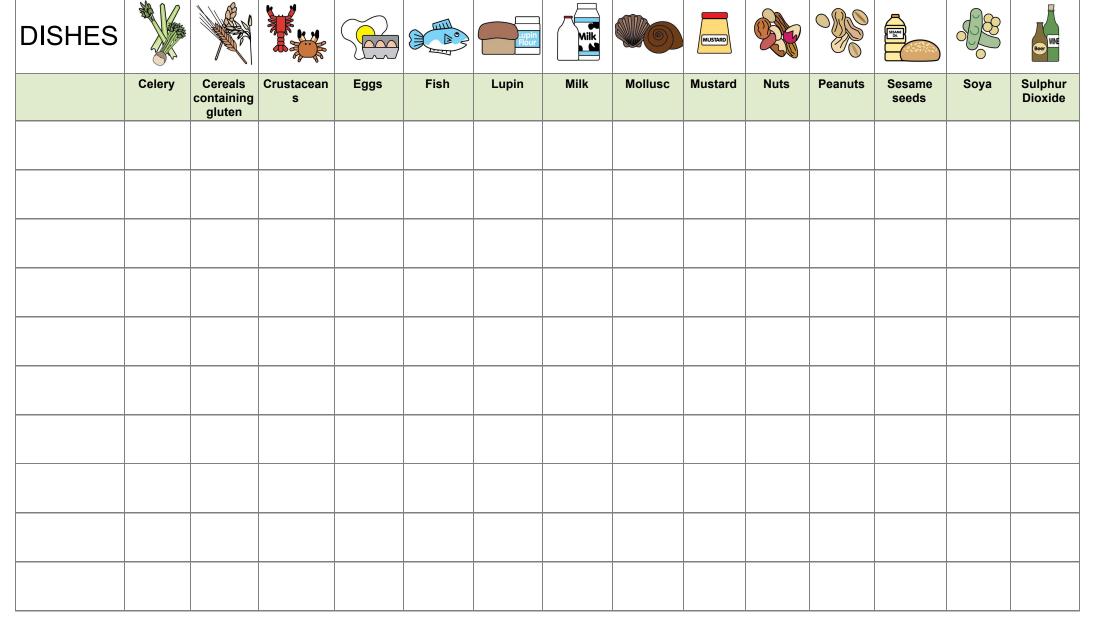


					-							(457743)		Beer
	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Non-Gluten Large GOSH Cookies				х			х			х	**may contain traces	*may contain traces	х	
Non-Gluten Banana Nut Muffins				x						x	*may contain traces	*may contain traces		
Vegan Apple & Berry Muffin		х									*may contain traces	*may contain traces		Х

Review date: 20/04/20

Reviewed by: Madeleine O'Haire





Reviewed by:

Review date:

